



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MONDAY / WEDNESDAY SWIM LESSONS

TIMES	Mon/Wed			
4:15 PM	Pre-Swim Team	Pre-School (3-5) Stage 1: Water Acclimation	School Age (5-12) Stage 1: Water Acclimation	School Age (5-12) Stage 2: Water Movement
4:55 PM	Pre-School (3-5) Stage 2: Water Movement	Pre-School (3-5) Stage 3: Water Stamina	School Age (5-12) Stage 3: Water Stamina	School Age (5-12) Stage 4: Stroke Introduction
5:35 PM	Pre-School Age (3-5) Stage 4: Stroke Introduction	Pre-School (3-5) Stage 1: Water Acclimation	School Age (5-12) Stage 2: Water Movement	School Age (5-12) Stage 3: Water Stamina
6:15 PM	Pre-School (3-5) Stage 2: Water Movement	Pre-School (3-5) Stage 3: Water Stamina	School Age (5-12) Stage 5: Stroke Development	School Age (5-12) Stage 6: Stroke Development

REMINDERS BEFORE YOUR FIRST LESSON!

Please arrive to the facility at least 10 minutes before the start of your lesson. Be sure your child is ready to swim by the lesson start time. Towels are not provided. Swim diapers are required for infants and toddlers. Make-up lessons are not provided in the event of non-attendance; no refunds or credits will be provided. The Y reserves the right to cancel and/or reschedule classes in the event of insufficient enrollment.

	Registration opens	Price
YMCA Members	??	\$64.00
Non-Members	??	\$75.00

Classes will be held on: Dates TBD
All classes are 30 minutes.

SKAGIT VALLEY FAMILY YMCA
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