



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# FAQ

## Skagit Valley YMCA: Transitioning to the new building! 3/30/19

### WHEN IS THE NEW BUILDING OPENING?

Wednesday, April 3rd at 12PM (noon).

### WHEN IS FULTON STREET CLOSING?

Wednesday, April 3rd at 12PM (noon). All classes will still be held on Wednesday as currently scheduled, however any classes starting at noon on Wednesday will be held at Hoag Road.

### WHAT WILL THE HOURS OF THE NEW BUILDING BE?

Mondays-Saturdays: 5am-10pm\*

Sundays: 11am-6pm\*

\*Pool hours will differ from facility hours

### WHAT FITNESS CLASSES WILL BE OFFERED IN THE NEW BUILDING?

We will continue to offer the same fitness classes that we currently offer. However, in the new building, we will be able to offer additional class times in the mornings and afternoons to better serve the needs of our members.



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### **IS THE NEW BUILDING ADA COMPLIANT?**

Yes! It is very important to us that we are able to serve all members of the community and ensuring that our facility is ADA compliant is key to making that possible.

### **WHEN CAN I TOUR?**

We are open for tours 3/30 & 3/31 10AM-3:30PM.

### **CAN I RENT OUT THE POOL/EVENTS ROOM FOR A PRIVATE PARTY?**

We will be offering rentals, but will not have details available right away once the facility is open. We will share rental details when we have them available.



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## WHAT WILL THE NEW FACILITY INCLUDE?

- 2 Fitness Studios
  - Group Fitness Classes Include: Yoga (+Gentle Yoga), Zumba (+Zumba Gold), Pilates, Cycling (+Cycle Circuit), Step, Total Body Training, AOA Classic, Fit4Life, Functional Strengthening & Flexibility, Prime Time Fitness, Stride/Strength/Stretch, and Tai Chi
- Play Features Pool with Lazy River
- Lap Pool
  - Aquatic Fitness Classes Include: Aqua Power, Aqua Zumba, Arthritis Adult Swim, H2O Fitness
  - Swim Lessons, Open Swim, Lap Swim
- Hot Tub
- Steam Rooms
- Aerobic Equipment
  - Treadmills, Bikes, Ellipticals, & More
- Strength Equipment
- Gym
  - NCAA Basketball Court, 4 Pickle Ball Courts, 2 Volleyball Courts
  - Sports Leagues Including: Soccer, Basketball, Volleyball, Pickle ball (coming soon), and Drop-In Sports
- Walking & Running Track
- Learning Kitchen
- Intergenerational Room With Fireplace
- Y Kids' Corner (Ages 4mo.-5yrs.) & Y Kids' Zone (Ages 6-12)
- Universal Changing Room
- Elevator