



DIABLO LAKE TOUR + NORTH CASCADES INSTITUTE THURSDAY JULY 18TH

Since the 1920's, visitors have traveled to **Upper Skagit River** to surround themselves with the rugged beauty of the **North Cascades**. In **1918 Seattle City Light** began construction of **three monumental dams** over a 50 year time span to provide hydroelectric power to the city of Seattle. Join us on a tour of the lake created by the construction of **Diablo Dam**; We'll begin our adventure by traveling up the **North Cascade Highway** deep into the heart of the **National Park Complex** for a **two hour guided tour of Diablo Reservoir aboard the Alice Ross III**. Floating across the turquoise waters taking in the views of the surrounding peaks—Ruby & Pyramid Peaks & Sourdough Mountain—**travel up the gorge to the foot of Ross Dam & tour the pump-house**. We disembark for a **hearty lunch at the North Cascades Institute Environmental Learning Center**—an award winning campus of buildings on the shore of the lake. We'll make a **brief stop at Cascadia Farms for Ice Cream** before we return to the **YMCA**.
Please join us on the quintessential Northwest Adventure!

REGISTRATION BEGINS WEDNESDAY MAY 22nd!

COST

Senior & Adult Members: \$99
Senior & Adult Program Only: \$115
Anyone without a full YMCA membership are required to pay an additional annual fee of \$15 per person \$25 Sr. Couple.

Trip is limited to 46 participants so, reserve your spot today!

CONTACT

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i.hinton@skagitymca.org or call 360.336.9622



DIABLO LAKE TOUR + NORTH CASCADE INSTITUTE

THURSDAY JULY 18

ITINERARY

- 8:00am** Meet at the YMCA at **8:00 AM** for coffee/tea and a light snack.
8:30am We'll begin boarding our **Chartered Coach** to get us on the road by **8:30am**.
10:30am We'll arrive at the Diablo Dam/NCI visitor site for orientation.
10:45am There will be a short walk or shuttle to the boat dock.
11:00am We board the **Alice Ross III** for a 2 hour guided tour of **Diablo Lake**, taking in the sights & surroundings: Sourdough Mtn. rising from the lake shore, Pyramid Peak & Ruby Mtn. at the head of the lake. The boat is equipped with bathroom facilities.
1:15pm A hearty lunch is served at the **North Cascades Institute**: Soup, salad, sandwich, desert & beverage options.
2:45pm Back on the bus.
3:15pm We'll be stopping at **Cascadia Farm** for **Ice Cream**.
3:45pm Back on the bus.
5:30pm We're back at the **YMCA** after another event filled **AOA** adventure!



Ross Lake National Recreation Area lies at the heart of the North Cascades, splitting the national park into two separate units. The hydroelectric potential of the Skagit River was recognized by the early pioneers: a small Pelton-wheel power house was built in 1900 on the current site of Diablo Dam to power a lumber mill. Between 1924 and 1961, the Seattle City Light Company impounded the waters of the Skagit River to form Gorge Lake, Diablo Lake, and Ross Lake. The Company also built a spur railway to aid in the construction of the dams. The turquoise waters of Diablo Lake are tinted by the effluvium (rock flour) of melting glaciers. Visit this area of early Northwest History

REGISTRATION

NAME

MAILING ADDRESS

CITY

STATE

ZIP

PHONE

EMAIL

EMERGENCY

CONTACT PHONE

DUE TO THE NATURE OF THE TRIP REFUNDS ARE NOT AVAILABLE WITHIN 2 WEEKS OF THE TRIP DATE.

Y ACTIVE OLDER ADULT HEALTH, WELL BEING, FITNESS, & COMMUNITY

Skagit Valley Family YMCA

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Contact AOA Coordinator, Ingrid Hinton, at i.hinton@skagitymca.org or 360 336 9622

AMOUNT PAID

DATE

STAFF INITIAL