



# FRIENDS & FOOD & FUN & MUSIC

SATURDAY JULY 13

Join us **SATURDAY JULY 13th** for our **SEVENTH ANNUAL SKAGIT VALLEY FAMILY YMCA ACTIVE OLDER ADULT & MEMBERSHIP SUMMERTIME AOA POTLUCK**. Join the fun as we all get together to share food, stories, laughter, and of course **MUSIC**, provided by the **AURORA JAZZ SEXTET**. If you attended the Holiday Potluck you'll remember this **JAZZ ENSEMBLE**: consisting of a rhythm section (bass, piano, drums) and trombone, tenor & alto saxophone. They play a variety of styles ranging from the hard swing of Count Basie to the fast, toe-tapping melodies of Charlie Parker, and even the cool funk of Herbie Hancock. Please join us in this celebration of friendship, great food, amazing music, laughter, prizes and wonderful company!

**IT'S SUMMERTIME AND THE LIVING IS EASY WITH THE YMCA AOA!**

#### **COST**

\$10.00 donation suggested

#### **WHERE & WHEN**

Saturday July 13th  
Fir-Conway Lutheran Church  
12-2:30pm

(directions are available at the Welcome Center)

#### **CONTACT**

Ingrid Hinton, AOA Coordinator



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## MENU

Please check from a potluck category (or two); healthy, hearty & homemade if possible!

APPETIZER

SALAD

SOUP

MAIN DISH

DESSERT

We provide coffee, tea, iced tea, a meat course & a vegetarian option.

Parking is limited, carpool if possible. If you're able to provide a ride please let us know. Thank you.

## REGISTRATION

NAME

MAILING ADDRESS

CITY

STATE

ZIP

PHONE

EMAIL

EMERGENCY

CONTACT PHONE



**Y ACTIVE OLDER ADULT HEALTH, WELL BEING, FITNESS, & COMMUNITY**

**Skagit Valley Family YMCA**

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Contact AOA Coordinator, Ingrid Hinton, at [i.hinton@skagitymca.org](mailto:i.hinton@skagitymca.org) or 360 336 9622

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STAFF INITIAL